

Luck School Community NEWSLETTER

KINDERGARTEN SCHEDULE

OCTOBER Lions Tigers

Lions

Tigers

Lions

Tigers

NO SCHOOL

12 Lions

13 Tigers

14 Lions

15 Tigers

16 Lions

19 Tigers

20 Lions

21 Tigers

22 Lions

23 Tigers

26 Lions

27 Tigers

28 Lions

29 Tigers

Lions

OCTOBER, 1987

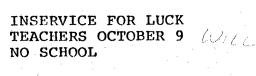
HOMECOMING OCTOBER 2, 1987

On Friday, October 2, students of Luck High School will present the 1987 Homecoming parade. the past, elementary students, grades 3-6, will walk in the parade. Students in grades K-2 will walk to the park area along Park Avenue, and across from the Luck Lutheran Church to view the Homecoming parade.

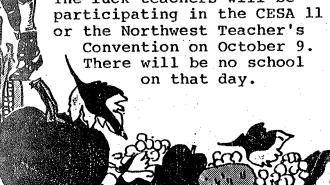
Following the parade, students will be escorted back to school for dismissal. The parade is scheduled to begin at 2:45 p.m. at the D.B.S. Hall, proceed down. Second Avenue to High 48, turn on Main Street, move up Park Avenue and return to school.

Parents of students in grades K-2 who wish to have their child or children accompany them to the parade, may pick them up at school prior to the 2:45 p.m. starting Parents of students in grades 3-6 who may not want their child or children to participate in the parade, should notify the teacher. Students request ing to go home with

parents or relatives must have a note indicat ing your permission.



The luck teachers will be or the Northwest Teacher's Convention on October 9. There will be no school



LUCK PUBLIC SCHOOL LUNCH MENUS (Milk, bread, butter, peanut butter, jelly & honey served with all meals)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	friends to come and eat call the school office before. The cost of the children free.	MEEK'- OCTOBER 12-16 The parents, grandparents, The with the students during 472-2152 and make your representation of the students of the meal will be \$1.30 for the meal will be \$1.3	g the week. Please eservations the week adults, and preschool	Hamburger or Cheeseburger Winter mix vegetables Apple juice Relish tray Fruit sauce	Chili or chicken noodle soup - crackers Relish tray Cheese, bologna or egg salad sandwiches Juice bar
	\$ Pizza - chef salad Cole slaw Relish tray Whole kernel corn Trail mix Fresh fruit	6 Corn dogs - chef salad Corn bread Baked beans Relish tray Winter mix vegetables Fruit sauce	7 Chicken nuggets Potato rounds Relish tray Mixed vegetables Cherry crisp	8 Barbeques Orange juice Pickles Cheese slices Green beans Cookie - sauce	9 TEACHER INSERVICE No School
Page 2	12 Spaghetti hot dish Hot rolls - peas Veggie sticks Cheese slices Trail mix Fruit sauce	Hamburger or Cheeseburger Apple juice - pickles Baked beans-mixed veg.	Congo chicken - rice	Relish tray	l6 SCANDINAVIAN MEAL Fish - chef salad Tritators Cheese slices Carrot & celery sticks Whole kernel corn Zucchini bread - peaches
	Lettuce-tomato-cheese toppings Relish tray Winter mix vegetables	Chef salad French fries Whole kernel corn Relish tray	Chef salad Mashed potatoes Green beans	Macaroni & cheese Tuna salad Chef salad Relish tray - peas Fruit sauce	23 Tomato, vegetable, or chicken noodle soup Crackers Grilled cheese or bologna sandwiches Relish tray - dip Fresh fruit
	Tossed salad Relish tray Whole keel corn Rice krispie bar	Fish on a bun Orange juice Potato chips Winter mix vegetables	Mashed potatoes - peas Beet pickles Sweet pota s	Burritoes - chef salad Lettuce-tomato-cheese Relish tray Mixed vegetables	30 Goblin burgers Witches brew Broomsticks - cat claws Skelton beans Bat wings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				l Volleyball at Unity	2 Football at 7:30 (Unity) here HOMECOMING	3
4	5 JV Football at Luck at 5:00 p.m.	6 Cub Scouts Rm 211 at 3:30 p.m.	7	8 Girl Scouts 6:30 Rms 200-201-220 Volleyball here (St. Croix Falls) Football at 7:30 at St. Croix Fall	at Rice Lake NO SCHOOL	10 Volleyball Siren Invitational
Page 3	12 Columbus Day JV football at St. Croix Falls at 5:00 p.m.	13 Cub Scouts 3:30	14	15 Volleyball at Somerset National School Studios here for pictures K-11 at 8:15 a.m.	16 Football here at 7:30 (Somerset)	17
18	J9 JV football here at 5:00 p.m. with Somerset		21	Girl Scouts 6:30 Cub Scout Pack meeting 7:00 p.m.	23 End of first quarter	24 WIAA volleyball Regional tournament at Grantsburg ACT test at Unity
25	26	27 Football playoffs begin Basketball rules meeting at Cumberland Cub Scouts 3:30	28	29 Girl scouts 6:30 Boy scouts 6:30	30 K-6 Halloween parties 1:45 p.m.	31 Volleyball Sectionals

Mike McDaniels attended Jonesville Parker Senior High School. He graduated in 1968 then attended Milton College for two years before entering the U.S. Army for three years. He served with the 82nd Airborne Division

at Fort Bragg,

N.C.



After his discharge, he attended the University of Wisconsin - River Falls and graduated in 1975 with a major in physical education and minor in health and coaching.

From 1976 through 1977 he taught phy. ed. and health at Grantsburg High School.

Mr. McDaniels resigned in 1978 to teach physical education and health at Stanley-Boyd High School. During the summer of 1984 he completed a Masters Degree in physical education from Winona State University in Winona Minnesota. With ambitions of being a high school principal, he finished his second Masters Degree in educational administration from the University of Wisconsin - Superior in the summer of 1987.

Mr. McDaniels has two very cute little girls; Annie is 10 and Mary is 5. He enjoys spending time with them and seeing them enjoy their life as they grow up. In his free time he likes to take Annie and Mary swimming, shopping for clothes and just having them with him.

He is very happy to have gotten his new job and feels that the people in this district are tremendous and have a good set of values which they instill upon their children.



Sue Anderson is originally from Madison, Wisconsin. She is a recent graduate of the University of Wisconsin - Madison. Throughout her college years, Sue spent a great deal of time working with children of all ages. Besides teaching, Sue enjoys cross-country and downhill skiing, playing the violin, reading, and spending time with her family.



Shirlee Erickson is a graduate of Northern Michigan University. She taught first grade in Gillett, Wisconsin. Shirlee has been a substitute and summer school teacher in Luck. She is married to Ron Erickson and is the mother of two children.

Shirlee enjoys cross-country and downhill skiing and doing stitchery. She is also a T-ball coach and Brownie leader.

A nervous young woman hoping to start a teaching career faced three men (Mr. Ormson, Mr. Nichols, and Mr. Larson) in June of 1987. Although 🧃 she had had previous interviews with other school, districts, she didn't want those jobs as she did this one. She

waited by the phone for three days praying for a positive response.

I am the happy young woman who received the phone call and the teaching position. I have been thankful many times since then. I began to realize the wonderful community into which I have stepped, as soon as I began talking to the school secretaries and finding a place to live. Teachers, neighbors, parents, and other members of the community have made me feel welcome. Whether an invitation to dinner, a wave or "hello" as they pass me when I am jogging, an invitation to join them on the lake, or an introduction and handshake, I am constantly amazed at the joviality, concern and friendliness of the community.

Although this is my first paid teaching position, I have been at enough other schools and talked to enough other teachers to realize the excellence of the Luck School District. The concern of the community obviously extends to the education of their children. I can see this through the facilities provided for the youth, the materials acquired by the school, the support of parents to the school, and the love and concern of the teachers for the youth.

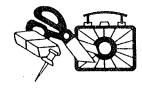
This is an excellent combination full of growth and excitement for which I am very thankful to be a part.

Before coming to Luck on August 12, 1987, my home was in Stevens Point, Wisconsin where my family still resides. This summer I have been a camp counselor at Koinonia, a Lutheran camp in Upstate New York. I lived with New York City youth in a tent and cooked our meals over an open fire. Prior to that I graduated from Carthage College, a Lutheran college in Kenosha, Wisconsin. major was English, secondary edu-I was also a member of cation. the tennis team, a member of a sorority, and a resident assistant in a dormitory. I spent a semester working with emotionally disturbed juvenile delinquents at a special school in Kenosha, and I spent a month working with exceptionally bright students at Marquette University High School in Milwaukee. I student taught in Racine, Wisconsin at a high school and a junior high school.

During my spring semester of 1986, I went to school in Australia where I studied the Australian school system. I also visited New Zealand and Fiji. I have spent a summer working in Colorado on a dude ranch, and I hope to continue traveling during my summers. Other things which I enjoy are water skiing, swimming and good friends.

I ask for your patience with me as I try to remember new names and faces, but please don't hesitate to continue your friendly ways. I feel very fortunate to be a part of the Luck community and look forward to all the opportunities open to me.

Lorene Fox





Hi! My name is Kristen Kurschner and I have been hired in the K-12 music position.

I am originally from Barron, Wisconsin and am the youngest of three children. My older brother, Michael, teaches preschool through sixth grade music in Plainview, Minnesota and my middle brother, Tom, owns a clothing, hardware and variety store in Chetek, Wisconsin.

My Mom and Dad have a dairy farm three miles south of Barron. I grew up on the farm, milking cows and putting up hay. I truly appreciate rural life.

My family has been the basis for my musical interests. Whenever together, music would evolve in some way. Singing at church as a family, and giving programs around the Christmas tree are some of my favorite memories of growing up. A few times we comically put together a family band. We weren't very good but we had fun!

I graduated in 1978 from Barron High School and was debating careers between nursing and music. Music and drama had already played such a large, enjoyable part of my life. I decided to continue in that area.

University of Wisconsin - River Falls provided me with a great musical education. I was deeply involved in choir, chamber singers, musicals, operas and a new music ensemble. I had the opportunity

to travel the United States and Europe with the River Falls choir. I enjoyed traveling so much with a choir, I went back to Europe with an alumni choir. I extended that tour and backpacked with a friend from Norway to Greece. (If you'd like to hear some great stories, just ask!)

I did graduate from River Falls in 1986, winter quarter. From that time until now, I taught in a day care in Minneapolis, substituted 7-12 music in Baldwin-Woodville schools, and worked in a Super America in Minneapolis. (Yes, I pumped gas and sold Super Mom donuts!)

I believe music is supposed to be an enjoyable experience. I hope my music program can offer my students the opportunity to:

*develope their creativity
and expressiveness
*find some personal satisfaction
*develop skills which allow
them to express themselves
*practice and develope good
musical judgement
*increase their own individual
sensitivity

I am very excited about my first year at Luck. The students have provided me with tremendous personal satisfaction.

Kindergarten through fourth graders are "raising the roof" with their singing and dancing. If you would like to hear a touch of what I hear, ask them (1-4) to sing "There was an Old Frog." It seems to be their favorite. Ask them to sing it at a fast tempo!

Fifth and sixth graders are now starting to write their own songs. Right now we are working on the lyrics. One example title is "The Elephant Who Made a Rubber Duck." (6th grade girl) See why I get enjoyment out of my job!

-Continued

(Kurschner)

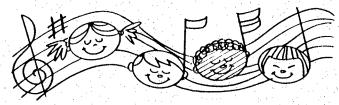
Seventh and eighth grade choir and band members may be knocking at your doors with smiles on their faces and \$1.00 candy bars in their hands. We are working towards a small choir trip to Minneapolis, and some money for music camp scholarships. We would appreciate your help.

Right now, the choir is learning "Hats," a song which involves the use of unison choreography using hats. Believe me, trying to get 93 students all using the same motions at the same time is

quite a challenge!

High school choir (9-12) has 61 members this year. We are doing quite a lot of sight reading. We do, however, have one song almost perfected. "Like an Eagle" has given a chance for the student's voices to "soar" to unknown heights—even to me. I got so excited at the nice sound coming from these kids, I came down a little too hard on the podium... it broke! Oh, well, they did make my day!

Teaching is very enjoyable to me and I hope I can continue to make the music department the best it can be! I am open for suggestions and comments from parents. You are also invited to come to a music class or choir rehearsal to see why I am enjoying your kids so much. However, you are expected to participate!



REMINDER! Hot lunch payments are due by the first day of each month. Payment for October lunches must be made on or before Thursday, October 1.

MR. LARSON'S SCIENCE CLASS

Mr. Ted Larson's science class is studying the importance of the sun in relation to seasons, calendars, time and directions on earth. Children learn that the position of the sun at sunrise, noon and sunset can help in finding directions. The importance of the sun in telling time is developed through the study of sun position, shadows and sundials. Each child will be constructing their own sundial and marking the hourly position of the shadows. The children learn how and why a sundial works and also feel the satisfaction of making it themselves. Especially nice written work has been turned in by Matt Jen**sen, Kori** Jasp**er,** Aki Graves, Katie Peterson and Rachel Petersen.



KINDERGARTEN FRIEND OF THE WEEK

The kindergarten classes
at Luck are
meeting new
friends every
week. Mrs.
Jane Sampe has
created a display in her
room featuring

pictures of staff members. pictures show staff members from childhood to adulthood and help the kindergarten students to become more familiar with the staff. Each kindergarten student will also have a chance to be a friend of the week and show off their pictures. Current friends of the week are Mrs. Iverson and Mr. Holliday. They provided the students with a special treat by making homemade popsicles for their afternoon So parents, be sure to ask your kindergartener who their friend of the week is.

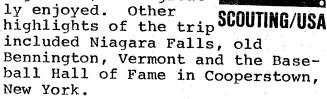
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SCOUTING NEWS

Scouting in Luck this summer was very active. In June, Corey Chappelear, Aaron Chivers, Jason Kallas and Mike Kinzler teamed up with two other scouts from Scandia, Minnesota, on a two week high adventure trip to Maine. The trip took the crew through Illinois, Indiana, Michigan, New York, Vermont, New Hampshire, Maine and the provinces of Ontario and Quebec.

The National Council of Boy Scouts of America maintains two High Adventure bases in Maine. These scouts attended the Matagamon Base located on Grand Lake Matagamon in the Baxter State Park area. Many programs are featured but this crew took part in lake gamesing.

in lake canoeing, hiking, canoe sailing, canoe poling, white-water canoeing, cliff diving and, naturally, camping. Maine's outstanding scenery and wildlife (including moose) were greatly enjoyed. Other highlights of the trin



In July, 24 scouts from Troop 147 traveled to Camp Tomahawk located near Birchwood, Wisconsin on Long Lake. Scouts attending were Darrell Yates, Corey Chappelear, Brad Mattson, David Wicklund, Tim Carlson, Erick Olson, Bruce Hanson, Peter Dueholm, Jeremy Gronski, Joel Van Pelt, Steve Schiebel, Larry Graves, Kyle Johansen, Jeremy Jensen, Aaron Nielsen, Bryce Hacker, Joe Virkus, Chad Giller, Ryan Noll, Tim Van Meter, Kevin Jensen, Dustin Anderson, Jesse Crowe, and Mark Johnson.

Camp Tomahawk features basic scouting skills and a super week of camping. Many skill awards, merit badges, and rank advance-

ments were completed. In addition, Joel Van Pelt, Jason Kallas and Darrell Yates were called out to become members in the Order of the Arrow--Scoutings Honor Camping Lodge. Highlights at Tomahawk included swimming, rifle, archery, hiking, canoeing, sailing and much Additionally, Jeremy Gronski, Bryce Hacker, Jeremy Jensen, Corey Chappelear, David Wicklund, Steve Schiebel and Chad Giller took part in project C.O.P.E. at Tomahawk. C.O.P.E. stands for Challenging Outdoor Physical Encounter. tests the ability of a group of young men to come together as a team and help one another. in COPE are both physically and mentally challenging and require a great deal of team support and cooperation.

Two days after the Tomahawk experience, Jeremy Jensen, Jeremy Gronski, Steve Schiebel, Bryce Hacker and Chad Giller headed on a three week trip to Philmont. The National Council of Boy Scouts of America maintains the Philmont High Adventure Base in the Sangre de Cristo mountains of New Mexico. Philmont is a backpacking experience in 215 square miles of rugged back country. The boys backpacked through 80 to 85 miles of trails. Highlights of Philmont included hiking Mount Baldy (12,444 feet), pole climbing, blacksmithing, rock climbing, burro racing, French Henry gold mine, gold panning (yes, some gold was found), Mexican dinner, Team Challenge (challenging team skills), abundant wildlife and outstanding vistas. The trip to Philmont also included visits to Wall Drug, the Badlands, Black Hills, Custer State Park, Devil's Tower, Wind Cave National Park, Rocky Mountain National Park, Great Sand Dunes National Monument, Puye Cliff Dwellings, and the Air Force Academy.

-Continued

(Scouting)

Rounding out the summer schedule was the Order of the Arrow Fall Conclave. The Order of the Arrow is scouting's honor camping lodge. Each scout must be elected by over 50 percent of his own troop members and pledge himself to cheerful service to the welfare of others. New lodge members from Troop 147 were Joel Van Pelt, Jason Kallas and Darrell Yates. Other members attending who were elected in previous years were Jeremy Jensen, Jeremy Gronski, Bryce Hacker, Steve Schiebel, Aaron Chivers, Brian Hanson, Chad Gilhoi and Corey Chappelear.

Troop 147, B.S.A. is sponsored by Luck school and meets on Monday nights at 7:00 p.m. in Mr. Gehrman's

room.

A HALLOWEEN COSTUME DANCE!

There will be a junior high and high school Halloween Costume Dance on Saturday, October 31, in the small gym at the Luck school. The 7th and 8th graders will dance from 7:00 to 9:30 p.m. The 9th through 12th graders will dance from 9:00 to 12:00 p.m.

Each 7th and 8th grader will need a signed permission and rules slip from their parents to enter the dance. The 9th through 12th graders will sign a rules slip to acknowledge they accept and will follow the said rules or be removed from the dance. All students must have these slips to enter.

We anticipate lots of fun. We will have a disc jockey to play the hit dance tunes. Be sure to wear a costume because prizes will be given for best costumes. There will be door prizes given throughout the evening.

We need lots of student and parent volunteers to help. If you are available to help, please call Shannon at 472-2402.

See you there!



HALLOWEEN PARTIES



The Luck elementary students will be having Halloween parties on Friday, October 30.

All students may dress in costumes and we encourage students in kindergarten through the 3rd grade to have a costume. Students will be given the opportunity to change into their costumes at school prior to the parties.

The parties will begin at approximately 1:45 p.m.

CHAPTER ONE POT LUCK SUPPER



Chapter One families are invited to attend a pot luck supper on October 26, 1987, at 6:30. Milk, coffee, rolls and butter will be provided.

Bobble .

CHILDREN LEARN WHAT THEY LIVE

If a child lives with criticism He learns to condemn

If a child lives with hostility He learns to fight

If a child lives with ridicule He learns to be shy

If a child lives with shame He learns to feel quilty

If a child lives with tolerance He learns to be patient

If a child lives with encouragement He learns confidence

If a child lives with praise He learns to appreciate

If a child lives with fairness He learns justice

If a child lives with security He learns to have faith

If a child lives with approval He learns to like himself

If a child lives with acceptance and friendship
He learns to find love in the world



Education... a family affair

The object of education is to prepare the young to educate themselves throughout their lives.

-Robert Maynard Hutchins

\$249,100 IN SCHOLARSHIPS OFFERED BY LEADERSHIP PROGRAM

High school seniors have an opportunity to enter the 1987-88 Century III Leaders program, which awards local, state, and national prizes to students who demonstrate the leadership abilities and social awareness necessary to help meet America's needs during our third century.

One particularly outstanding senior will eventually collect the \$10,000 scholarship which goes to the Century III mational winner. The person is selected at the Century III Leadership National Conference, March 18-21, 1988, at Colonial Williamsburg, Virginia. National semi-finalists earn additional \$500 awards.

Two students from each state and the District of Columbia-chosen from winners at each participating high school--receive \$1,500 scholarships and all-expense paid trips to the Williamsburg conference. Two alternates from each state receive \$500 awards. Six finalists from each state receive \$100 scholarship awards.

Now in its 13th year, the Century III Leaders program is designed to bring together student leaders to discuss issues facing America in its third century. Students are judged at the local school level on leadership abilities, school and community involvement, a short essay written on an issue facing America, and a current events examination.

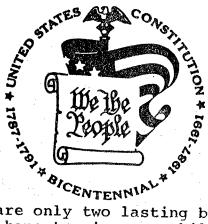
In all, the Century III Leaders program awards \$249,100 in scholarships and provides for 102 students to attend the Williamsburg conference. This program is administered by the National Association of Secondary School Principals and funded by the Shell Companies Foundation, Inc.

Deadline for students to apply is October 22, 1987. Students interested in participating in the program should contact their Guidance Counselor.

This year the A.C.T. will be given at Unity on October 24 from 8:00 - 12:00 a.m. The registration deadline is September 25. Registration materials are available through the guidance office. The cost is \$10.50.

This test can be used to fulfill admissions requirements (depending on the college), and the results can qualify individuals for certain scholarships or possibly an appointment to one of the military academies. best advantage of the scores comes from a comparison of an individual's performance with other freshmen who attend the same college or university. gives a Luck student the opportunity to see how their work stacks up against the students who attend the school they are considering.

In case this date is impossible there are four other test dates. Should you miss the registration deadline, there is a late registration period but it does cost an additional \$10.00. For furthur information, please contact your guidance office.



There are only two lasting bequests we can hope to give our children. One of these is roots; the other wings.

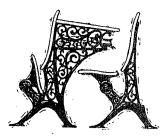
-Hodding Carter

PRELIMINARY SCHOLASTIC APPTITUDE TEST

On October 20, Luck juniors may take the Preliminary Scholastic Apptitude Test, also know as PSAT. This test will be administered at the school in less than three hours and will cost \$5.25 per student. It serves our students as a warm-up for the A.C.T. It gives them some idea of how they stand academically compared to other college-bound students across the nation.

This test is also the first step in the National Merit Scholarship Qualifying Test Program. The competition is good for our students. In this program we have had three students recognized as honored students and one as a semi-finalist.

Any junior interested must be registered with the guidance counselor by October 2.



WISCONSIN EDUCATION FAIR

On Tuesday, September 29, the Guidance Department will take interested juniors and seniors on a field trip to Barron County Campus, Rice Lake, to participate in their Ninth Annual Post Secondary Planning Program. Over 60 different institutions represented will afford our students the opportunity to have their questions regarding their futures answered precisely.

The program will run from 9:00-11:30 a.m. Barron County welcomes any interested parents. Students will need to bring some money for their lunch at the student center.

1987 SCHOOL IMMUNIZATION PROGRAM

Section 140.04(16) of the Wisconsin Statues requires students through grade 12 to do one of three things upon entrance to school:

1. Show evidence of having immunizations required for their grade level.

15 mo through 23 mo	19 3 DTP	87-88 SC /DT			leasles	l Rubella	1 Mumps
2 yrs to kindergarten entrance	4 DTP	/DT	3 Polio	1 M	leasles	l Rubella	1 Mumps
Kindergarten through grade four	4 DTP	/DT/Td	4 Polio	1 M	Measles	l Rubella	1 Mumps
Grade 5 through Grade 7	4 DTP	/DT/Td	4 Polio	1 M	Measles	l Rubella (through age ll)	·
Grade 8 through grade 12	3 DTF	/DT/Td	3 Polio	1 M	Measles	entin, papa, appen	



Wednesday, October 14

- 2. Present a signed waiver for medical, religious or personal conviction reasons.
- 3. Obtain at least one dose of any vaccine required for their grade within 30 days of admission to school.

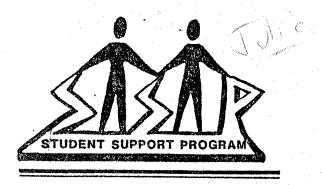
The Public Health Nursing Service has scheduled a number of immunization clinics for Polk County. (Please see list below.) Pre-schoolers are invited and welcome to attend these clinics.

IMMUNIZATION CLINICS, FALL 1987

Tuesday, September 1	Amery - Apple River Hospital	3:00 - 6:00 p.m.
Tuesday, September 8	St. Croix Falls - St. Croix Valley Memorial Hospital	3:00 - 6:00 p.m.
Wednesday, September 9	Courthouse - Nurse's Office	10:00 a.m noon
Tuesday, September 15	Amery - Apple River Hospital	3:00 - 6:00 p.m.
Tuesday, September 22	Luck - Village Hall	3:00 - 6:00 p.m.
Wednesday, September 23	Courthouse - Nurse's Office	10:00 a.m noon
Tuesday, October 6	Amery - Apple River Hospital	3:00 - 6:00 p.m.
Tuesday, October 13	St. Croix Falls - St. Croix Valley Memorial Hospital	3:00 - 6:00 p.m.

Courthouse - Nurse's Office

10:00 a.m. - noon



STIMULANTS CAN BE HARMFUL

Although some athletes believe that taking stimulants will make them perform better, recent studies indicate that drugs such as amphetamines, caffeine, cocaine and tobacco actually may be detri-

mental to performance.

Instead of preventing fatigue, amphetamines actually mask the effects of fatigue and interfere with the body's fatigue-warning system. This could lead to disastrous results. Death from brain hemorrhage, heart failure and hyperthermia have been associated with amphetamines. These drugs increase blood pressure and heart rate. For athletes who are already stressing the cardiovascular system, using amphetamines is very dangerous.

While caffeine enhances performance in high-endurance activities, it does not improve performance in short-term activities. Caffeine also puts additional stress on the cardio-

vascular system.

"FRIEND" APPEARS TO BE LOYAL

He appears to be a loyal friend. He never leaves our side. He helps us meet new friends. He makes us popular. He shows us new ways to enjoy life. He teaches us new hobbies. He shows us how to look cool and how to act like an adult. He makes us feel important. When we're with him, we're never sad or depressed. He teaches us how to get away with everything.

For a while we're sure no one could ever replace him. He's the best friend we've ever had.

After some time the fun wears off. He's no longer great to be with. He has changed our whole life, turned us against our parents. We're never with our family. Our other friends have turned away because we are trying to be to them what he has been to us.

He seems to get us into so much trouble. We must always take the blame for the messes he gets us into. Instead of our best friend, he is now our worst enemy.

By now, it's too late. Our wonderful friend has gotten us in the worst mess of our life, and we can't get out. We regret the day we became friends with this master

of disquises.

His name? Peer pressure.

* * *

DRINKING OFTEN BEGINS IN GRADE SCHOOL, PROGRESSES AS CHILDREN GET OLDER

Many young people often begin drinking in elementary or middle school and drink more as they get The researchers conclude only a minority of adolescents drink because they are depressed, angry, anxious, insecure or un-Adolescents drink heavily happy. most often in response to peer pressure and from encouragement by trusted, close friends, typically at unsupervised parties at a friend's house. Fourth through seventh-grade students say they drink to feel older and to "fit in." By the time they reach high school they say they drink to have a good time. High schoolers also say they drink in response to peer influence and the pressure of adolescent sexuality and to search for adult status.

LUCK STUDENT SUPPORT PROGRAM

LUCK AG OFFERS MORE THAN JUST FARMING

Vo Ag Classroom and Laboratory

Vocational Agriculture (Vo Ag) students learn the basic concepts and technical skills necessary for agri-business and agricultural production. Vo Ag classroom and laboratory instruction provides:

*practical application of high school science, mathematics, and English skills.

*preparation for employment in agriculture and agriculture-related careers.

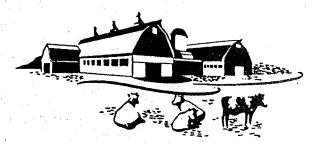
*communication skills developed through writing, public speaking, and public relations programs.

*preparation for high education opportunities at college or VTAE levels.

*opportunities for developing leadership and human relations skills.

*technical education in agribusiness, horticulture, natural resources, animal science, crop science, soil science, agricultural mechanics, and farm management.

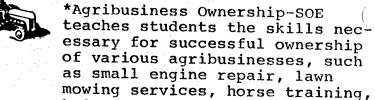
Vo Ag's instructional process stresses "learning by doing." Programs develop communication and agricultural skills by supplementing classroom instruction with practical experience. Vo Ag instruction can involve field trips, use of computers and audiovisuals, group discussions, student presentations and demonstrations, and introductions to valuable resource people.



Supervised Occupational Experience Programs

Supervised Occupational Experience (SOE) programs supplement Vo Ag programs by providing students with practical learning experiences conducted outside regularly scheduled Vo Ag classes. SOE programs offer excellent opportunities to students to put their Vo Ag skills into practice, especially in the following areas:

*Wage Earning-SOE places students in paying positions in settings such as floral shops, pet shops, produce departments, golf courses, feed mills, parts departments in implement dealerships and farms.



bait shops, custom having and harvesting, and wildlife management.

*Production Enterprises-SOE introduces students to the production of vegetables and bedding plants, fruit, honey, dairy products, hay, wheat, soybeans, oats, horses, poultry, swine, sheep, beef, and the like.

*Improvement and Maintenance
Projects-SOE provides students
with a broad set of skills for
projects including home beautification, energy conservation,
home safety, pest control, orchard
management, computer and dairy
herd record-keeping, and building and machinery maintenance.

Joya

STUDENT

GOVERNMENT



SENIOR CLASS OFFICERS
President, Polly Dowd
Vice-President, Kristin Sampe
Secretary, Jennifer Hendricks
Treasurer, Teri Bennett



FRESHMAN CLASS OFFICERS
President, Lori Kinzler
Vice-President, Jason Kallas
Treasurer, Donna Cran
Secretary, Elsa Maack

STUDENT COUNCIL

Seated: Vice-President, Torey Hutton; President, Dawn Holdt; Treasurer, Eric Dueholm; Secretary, Tara Plomski Standing: Jennifer Schauls, Tim Carlson, Bill Anderson, Advisor Will Grelle, Dennis Nelson, and Nancy Christiansen





JUNIOR CLASS OFFICERS
President, Jordon Hibbs
Vice-President, Joel Loehr
Secretary-Treasurer,
Jeanette Bloom



SOPHOMORE CLASS OFFICERS
President, Joey Randell
Vice-President, Sara Babcock
Secretary, Melissa Hendricks
Treasurer, Melissa Asper





READ-ALOUD TECHNIQUES

Reading aloud to children has many benefits, says Betty Bond of the Diocese of Orange, California. Speaking at a Parent Rally during the International Reading Association Annual Convention this May, Bond added that "no unusual skills are needed to read aloud." She recommended the following readaloud techniques, some of which are adapted from The Read-Aloud Handbook by Jim Trelease.

- * Select books that you'll enjoy and that will spark your child's interest.
- * Read unfamiliar stories silently first so that you can note areas that need special effects (such as a knock on a door) or a dramatization.
- * Find a comfortable spot where the family can gather.
- * Read at regular times. Reading aloud becomes a habit when it is a part of the daily routine.
- * Don't read too fast, and adjust your pace to the story and your child. Slow down and draw out suspenseful parts. Use your voice for dramatic emphasis.
- * Be responsive to your child's reactions.
- * Encourage your child's participation in the reading session-joining in repeating phrases, making comments, asking questions, predicting what will happen next, or actually reading parts of the material.
- * Allow time after reading aloud for relaxed discussion. This should involve exploring reactions and sharing special parts--not quizzing about content.
- * After reading, arrange to have the books readily available so that children can look at them and reread them.

- * Both parents should take turns reading aloud. Fathers are important models, too. Make sure your child sees you reading for pleasure yourself.
- * Never withdraw reading aloud as a punishment. This destroys all the positive effects of reading aloud.

Bond recommended that parents start with picture books, predictable stories, nursery rhymes, poems and fairy tales. As the child matures, parents can gradually progress to chapter books.

"Be sure to allow time for discussion," concluded Bond. "Get children's reactions and ideas. Books can become a common bond-a framework of reference between you.



As America strives to improve its schools, it's imperative that all elements of the community work together to assist students and educators. Quality education is an investment in the community, but everyone--parents, business leaders, church leaders and others--have a role to play. Helping students learn is a community affair.

-Lew Armistead

CALP.

JOURNALISM WORKSHOP FOR YEARBOOK EDITOR AND PHOTOGRAPHER



Even before the school year started, Jennifer Hendricks and Melissa Asper were thinking of the 1988 year book. During the week of July 19-24, Hendricks and Asper attended a Journalism Workshop at the University of Wisconsin - Eau Claire.

Hendricks will be the editor of the upcoming yearbook. It is now a requirement for the editor to go to jounalism camp before the role can be taken. Asper will be a star photographer, whom you will see at many school events "snapping photos."

Asper was selected by advisor, Lori Nelson, to participate in the journalism camp because of her interest in photography. At the camp Asper received instructions on how to take pictures, how to develop black and white film and how to print pictures. "But camp wasn't all work. A lot of time was spent meeting new people and using the campus' facilities," quotes Asper.

Persons involved in yearbook, newspaper and photography helped produce a sixteen page newspaper during the six day camp. It was the first time that a newspaper had ever been designed and printed in such a short time at the camp.

Hendricks received awards for her work in the yearbook division. She received a first place for layout and design, theme, and total portfolio with an honorable mention for the copy which she wrote to accompany her portfolio.

Both girls thank the yearbook staff and Community Education Council for supplying the funds needed.

Carlot Com

CARDINAL VOLLEY BALL TEAM SPIKES UP THE SPIKE SEASON

Thirty girls at the Luck High School are presently participating in the volleyball program. Games are played on Tuesday and Thursday nights starting with the Freshmen at 5:45, Junior Varsity at approximately 6:30 and the Varsity at 8:00. So far this season, four matches have been played.

Extreme concentration and poise are two of the goals each team is striving to meet. There has been considerable improvement on the part of most of the players. Success will come only through hard work and dedication to the program.

The Cardinals first conference match was held at Osceola where both the J.V. and the Varsity teams were successful in showing their teamwork by posting victories.

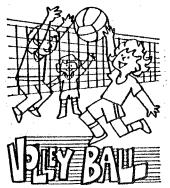
Come out and support the volley-ball teams!

Scores from the Osceola game:

Freshmen - Osceola 15, Luck 4
Osceola 15, Luck 5
J. V. - Osceola 14, Luck 15
Osceola 4, Luck 15
Varsity - Osceola 10, Luck 15
Osceola 3, Luck 15

PARENT'S

NIGHT



Volleyball Parent's Night will be on Tuesday, October 20, this year. The Luck girls will play Frederic, beginning with the Freshmen at 5:45 p.m.

More information will be sent to parents as the date draws near. Please plan to be with us.

NETYS' VACATION

The Netys family took a trip out West this summer that included many points of interest. The trip started with a visit on the evening of July 4th to Mount Rushmore Monument. Gertzon Borglum's creation is quite impressive at night.

Traveling through western
Montana in the Flathead Indian
Reservation area, we were reminded
that these Indians were friendly
to the early white travelers of
this region, the mountain men
trappers. In the same general
area were the dangerous and
unpredictable Blackfeet Indians.
The Blackfeet were one tribe that
didn't make any friends with any
whites or other Indian tribes.
All feared to be in their territory.

We passed through the rugged Lolo Pass of the Rockies connecting Montana and Idaho. It was here that the Lewis and Clark expedition traveled on orders from President Thomas Jefferson to find what we had received in the Louisiana Purchase. We followed the Lewis and Clark Trail along the Columbia While traveling along the Columbia, we had a free train ride and tour of the Dalles Dam. On the dam, we saw fish ladders for the salmon with hundreds of salmon going up and a huge twelve foot sturgeon. Inside the dam, we saw the giant turbines that produce electricity. It was rather erie being inside the dam below the water level.

In California, the kids swam in the Pacific, not far from where the sea lions were located. Not until afterwards did we learn that sea lion is the favorite food for sharks and that humans swimming closely resemble sea lions.

We were very impressed by the size and height of the redwoods in southern Oregon and northern California. We traveled through the town in California where a man from out East bought out the lumber

company and increased the rate of cutting of the redwoods, past the sustained-yield practice of the previous owner. Sustained-yield means they cut only as much as is naturally grown, thus insuring a supply of redwoods for the future. The locals, naturally, weren't too happy with this new situation.

The bunkers on the Golden Gate Bridge were an exciting place for our young boys to go exploring. These bunkers were originally intended to defend the San Francisco Bay from enemy attack. In the Bay itself, we saw Alcatraz Prison.

While leaving California and heading towards Nevada, we stopped at a wayside which was where the Donner's Party got stranded in the 1800's and had to spend the winter. Out of 92 people, only 44 survived. The survivors were forced to eat the bodies of those that died. It was hard to imagine, in that 100 degree heat, the snow piled up 15 to 20 feet as it was when the Donners were stranded.

As we traveled eastward across Nevada and the salt flats of Utah, we were reminded of the dangers, pain, and suffering that the early pioneers endured as they traveled westward. It is hard to imagine that anyone would undertake such a trip where one would face such dangers as swollen rivers to cross, long stretches of plains and desert with no water, mountains to cross (no guard railings) before the snows of winter came, and worst of all, not knowing when one might be attacked by hostile Indians who rightfully considered this their land.

Traveling this great land of ours instills a great awe for what has been accomplished in the past and makes us think about what great possibilities we have for the future if we use our natural resources carefully.

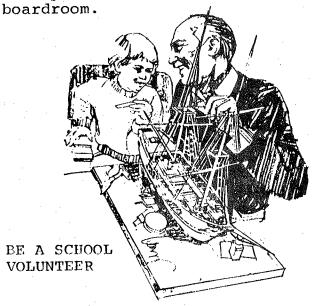


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COMMUNITY EDUCATION NEWS



The October meeting for the Luck Community Education Council will be held on October 8 at 7:30 p.m. in the Luck school



Our elementary "VOLUNTEERS IN SCHOOL" program is progressing very well, but we can use more volunteers. The more we have, the better our program will be. Your schools need you, welcome you and thank you for your interest! Each of you has something special to give. With your valuable gift of time and effort, we can work together to enrich the education of students of all ages in our community. Call the Community Education office and volunteer. We need you.

GRANDMOTHERS NEEDED!



Are there any Grandmotherly women in the Luck area interested in occasional babysitting?

There is a need for substitute grandmothers for children whose grandparents live a long distance away. When parents need to go for a few days, they don't have Grandma near enough to stay with the kids. If there are any of you out there interested, please call Shannon Kallas, 472-2402 or Sue Mattson, 648-5618.

LITTLE BUTTERNUT 4-H CLUB

Little Butternut 4-H Club will be taking new enrollments beginning October 1. Enrollees in the club must be 9 years old before January 1, 1988. Beginning 9-year-olds are required to take the club's own project "Exploring Little Butternut." They may also take one other project of their own choosing. For further information about the club, contact Helga Konopacki, 472-2896. Prospective members and their families are invited to attend the club's Parent's Night and Awards Presentation program October 5 at 7:30 p.m. at the West Denmark Hall.

CLASSES BEGINNING IN OCTOBER

For more information or to register for any of these classes, please call Sue

Mattson at the Luck school, 472-2455.

We want all classes to be held
so please pre-register at least
one week before the starting date
of the class if at all possible.
Thanks.

* * *

PHOTOGRAPHY: CURING CAMERA PHOBIA

Instructor will cover the basics of photography, including some history. Will discuss all types of cameras, from simple instamatics to more complex 35 mms. Tips on how to take good pictures with your own camera. Bring your camera if you have one.

Tuesdays, October 6 4 sessions, 7:00 - 9:30 p.m. Jim McKeown, \$9.50



STRESS AND THE HEALTHY FAMILY

Everyone wants a "healthy" family. Let's figure out how to strengthen, communicate and ENJOY... It doesn't have to be miserable or just a time to live through! Build on strengths as a family, learn listening skills.

Wednesdays, October 7 4 sessions, 7:00 - 9:00 p.m. Mandi Amundson, \$8.15

QUILT IN A DAY

Make a beautiful quilt in just one Saturday. Students must attend a 2-hour information meeting to learn about needed supplies and equipment. The Saturday sewing marathon will begin at 8:00 a.m. and conclude by 5:00 p.m. Only basic sewing skills are needed and you may bring one helper.

2 sessions
Thursday, October 8, 7-9:00 p.m.
Saturday, October 24,
8:00 a.m. - 5:00 p.m.
Alexandra Till, \$9.50

*SOUPS AND BREADS THE HEALTHY WAY!

Minestrone and Breadsticks, Onion Soup and French Bread, Gazpacho and Corn Sticks, Borsch and Pumpernickel Bread. Learn to make great soups and breads while reducing fats; adding whole grains and fiber to your diet. Lots of great ideas and recipes for hearty but healthy meals.

Mondays, October 12 3 sessions, 7:00 - 9:30 p.m. Mary Curran, \$8.00

*CRAFTS: HOLIDAY GIFTS

Make a variety of gifts for Christmas giving, including tree ornaments, wood and fabric crafts, stenciling, and other simple ideas. Materials fee.

Thursdays, October 15 4 sessions, 7:00 - 9:00 p.m. Pam Kinzler, \$8.00

* indicates there will be an additional materials cost.

IMAGE IMPROVEMENT/COLOR ANALYSIS

Every woman knows she looks better in certain colors, but often she doesn't know why. Color analysis is a process that reveals your most flattering colors for make-up and wardrobe according to the natural color undertones in your skin, hair and eyes.

Thursdays, October 15 2 sessions, 7:00 - 9:00 p.m. Joyce Spofford, \$4.45

STENCILING

Includes techniques as well as how to's for choosing stenciling materials, whether you use acrylics or oils, and how to choose tools. A one night class that covers stenciling for walls, windows, trims and wall hangings.

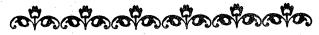
Tuesday, October 20 1 session, 7:00 - 9:00 p.m. Shannon Kallas, \$3.50



ART: PAINTING WORKSHOP

Informal instruction covering many different painting techniques. Bring painting projects to class.

Mondays, October 26 4 sessions, 7:00 - 9:00 p.m. Bea Rowe, \$8.00



CLASSES BEGINNING IN NOVEMBER

Foods: Danish Pastry - Nov. 12

Foods: Holiday Candies - Nov. 10

THANKS!

Thanks to all of you who donate time each month to help us put this newsletter together. It's a lot of work and you are appreciated!



TEN COMMANDMENTS FOR RESOLVING CONFLICT SITUATIONS

- 1. Don't lose your temper, you'll lose your point.
- 2. Remember, you are trying to win an agreement, not an arguement.
- 3. Apologize when you're wrong, even on a minor matter.
- 4. Don't imply superior knowledge or power.
- 5. Acknowledge with grace the significance of the other's comment or statement of fact.
- 6. Know and admit the impact of your demands.
- 7. Remember that the ability of separating facts from opinion is the mark of a clear mind and reflects intellectual integrity.
- 8. Stay with your point; pursue your objective but don't devastate.
- 9. Don't quibble; say what you mean and mean what you say. If you want truth, give it.
- 10. Bargain in good faith. Your intellect will tell you when you're bargaining and your conscience will tell you whether you have good faith.



TRIPS AND TOURS

The New Richmond Community Education program is offering two trips during the coming fall and winter season which Luck residents may join.

THE MESSIAH at the Ordway

Handel's Messiah features the St. Paul Chamber Orchestra. Experience a truly authentic interpretation of this holiday masterpiece as Handel intended - by a small and tightly woven ensemble of the finest musicians and a powerful, inspiring chorus all at the beautiful Ordway in St. Paul. We have excellent seats.

Date: Thursday, December 10

Cost: \$18.00

RESERVATIONS MUST BE RECEIVED BY THURSDAY, NOVEMBER 19

Pick-up Locations:

5:45 p.m. - Osceola at 7th and Chieftain

6:15 p.m. - Somerset at

St. Anne's School

6:30 p.m. - New Richmond Civic Center

Arrive back in New Richmond at approximately 11:30 p.m.



Please call Sue Mattson for more information and reservations at 472-2455 or 648-5618.

VICTORIAN CHRISTMAS in Menomonie, JOHN HOLLY KNAPP HOME, WILSON PLACE MUSEUM & Lunch at the Bolo Inn

Treat yourself to a Victorian Christmas this year! Come with us as we visit the John Holly Knapp Home that was built in 1863 by one of the founders of the world famous Knapp-Stout Lumber Company.

During mid-December this home is transformed into a Victorian Christmas display. The John Holly Knapp Home is the focal point of the Bundy Hall Conference Center that is operated by the Episcopal Church.

While at the Bundy Hall Conference Center you may view a chapel that was located in Star Prairie before being moved to this center. The chapel was named "St. John's in the Wilderness."

Following a soup and sandwich lunch at the Bolo Inn (included in your reservation) we'll travel to another lumber baron mansion, the Wilson Place Museum, built in 1846 the home is furnished with origin from the three generations that inhabited the home.

Both homes will be festively decorated, we will be given guided tours, served festive refreshments, and gift shops are available for browsing.

Date: Friday, December 4

Cost: \$21.00

RESERVATIONS MUST BE RECEIVED BY FRIDAY, NOVEMBER 20

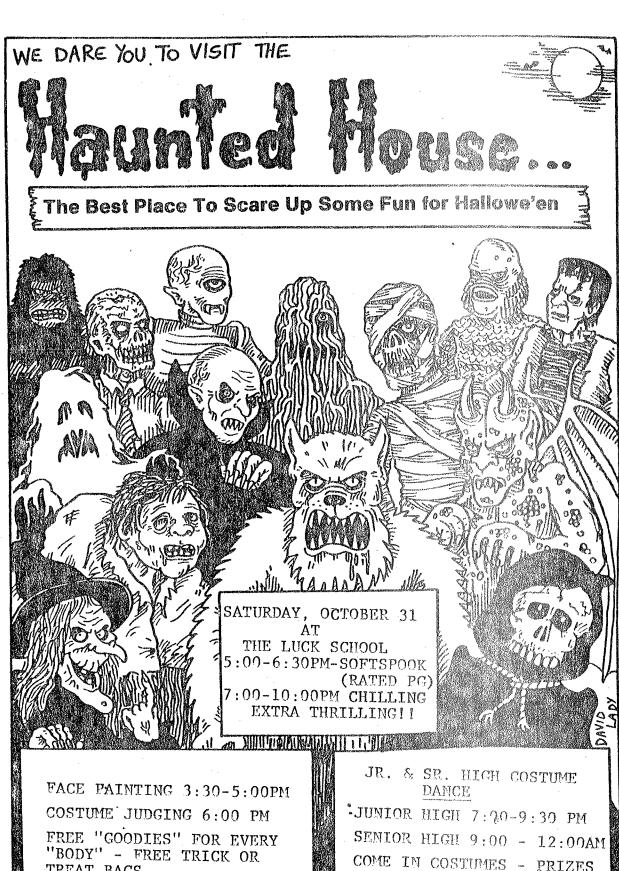
Pick-up Locations:

7:45 a.m. - Osceola at 7th and Chieftain

8:15 a.m. - Somerset at St. Anne's School

8:30 a.m. - New Richmond Civic Center

Arrive back in New Richmond at approximately 5:00 p.m.



TREAT BAGS

GAMES, PRIZES, FUNIII

COME IN COSTUMES - PRIZES

DOOR PRIZES ALL NIGHT LONG

				A CONTRACTOR OF THE CONTRACTOR	
		OCTOBER			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	* * *		1	2	3 Gymnastics
they could re Orwould teach someone	ow someone who wiead or read betted you like to hele to read? Mattson, 472-2455	er? P			
5 Aerobics 7-8 p.m.	6 Photography class Begins 7-9:30 pm	7 Stress & the Healthy Family Begins 7:00-9:00pm	8 Community Ed Council meeting - 7:30pm boardroom Aerobics - 7-8:00pm Dance class - 3:30 Quilt in a day- 7-9:00	9	10 Gymnastics
12 Aerobics 7-8:00 pm Soups & Breads begins 7:00-9:30 pm	13	14	15 Aerobics 7-8:00pm Dance class 3:30 Holiday gifts begins 7-9:00pm Color Analysis begin 7-9:00pm	16	17 Gymnastics
19 Aerobics 7-8:00 pm	20 Stenciling begins 7-9:00 pm	21	22 Aerobic 7-8:00pm Dance class 3:30	23	24 Gymmastics Quilt in a day 8:00 am - 5:00 pm
26 Aerobics 7-8:00pm Art workshop begins 7:00 - 9:00 pm	27	28	29 Aerobics 7-8:00pm Dance class 3:30	30	31 Gymnastics Holloween spook house 5:00 pm - 10:00pm Jr & Sr high dance 7-9:30 Jr high 9-midnight - Sr high

On Saturday, October 31st, Luck Community Education will be sponsoring a Halloween Spook House, Face painting, Costume judging, Games, Costume Dances for Jr. & Sr. High Students, and Free Treats for Everyone!!

As with any major project, we could sure use some help. Please consider donating a little or alot of time/and/or energy in one or more of the following areas.

	Set design or construction(before Oct. 31st) Set un (Oct. 31, during the day)
	Face Painters (little or no experience needed) 3:30-5:00PM Volunteer Spooks, Goblins, or Guides 4:30 - 6:30 (Soft Spook House - Rated PC) 6:30 - 10:00 (Frightful Spook House) Costume Judges (6:00 PM)
	Refreshments Chaperones 7:00 - 9:30 PM (Jr. High) 9:00 - Midnight (Sr. High) Clean up Spook House Dance
	Put me where you need me the most. (We LOVE this kind of help!) I can help only before the 31st
	I can help on the 31st
	I can help before and on the 31st
lame	Daytime Phone #
	Evening Phone #
We	are also looking for the following items:
	_strobe lights (2)play knifedevil costume (adult)
	6'x10'sheet red plastica buzzard (not real!!)
	_child's hard plastic swimming poolaquarium aerator
	tripod to hold large cauldron
	ck Community Education is trying to promote a "Safe Halloween" our community. Thanks
Sue	e Mattson



